



AQUATICS ARC CERTIFICATION

UPDATED: February 23, 2023

Register
Online
NOW



STAFF CONTACT

McKenzi Klasinski, Aquatics Director, P 715.952.9377 E mklasinski@spymca.org

OFF SITE TRAINING:

Does your business or group want an instructor to come to you? Please contact our Aquatics Director.

SPRING AMERICAN RED CROSS CLASS OFFERINGS March 27-June 2

AMERICAN RED CROSS: LIFEGUARD TRAINING (Ages 15+)

Lifeguard training courses are blended learning which will require an online component and in-person skills sessions. This course includes lifeguard training, CPR for professional rescuers, AED, and first aid. The total length of this course is designed to be 10 hours online and 20 hours in the classroom. Participants must complete a prerequisite skills test which includes swimming 300 continuous yards, 2 minutes of treading water, and a timed brick retrieval. Course graduates ages 15 and older are encouraged to apply for YMCA employment. **Class Max: 10**

Y Staff: Free, Y Member: \$230, General Public: \$280

Class Dates	Course Schedule	Course Name	Course Location	Sign-up Closed
4/21/2023 Friday 4/22/2023 Saturday 4/23/2023 Sunday	21- 4:00pm-7:30pm 22- 8:00am-5:00pm 23- 8:00am-4:30pm	American Red Cross Lifeguard Certification	Conference Room/ Training Pool	4/14/2023
5/12/2023 Friday 5/13/2023 Saturday 5/14/2023 Sunday	12- 4:00pm-7:30pm 13-8:00am-5:00pm 14- 8:00am-4:30pm	American Red Cross Lifeguard Certification	Multi-Purpose Room/ Training Pool	5/5/2023
5/26/2023 Friday 5/27/2023 Saturday 5/28/2023 Sunday	26- 4:00pm-7:30pm 27-8:00am-5:00pm 28- 8:00am-4:30pm	American Red Cross Lifeguard Certification	Multi-Purpose Room/ Training Pool	5/19/2023

***A lunch break will be provided on Saturday and Sunday ***

Lifeguarding Recertification: (Ages 15+)

Lifeguard re-certification courses are for those who currently hold a valid lifeguard certification or the certification is no more than **30 Days Expired**. The total course length for this class is designed to be 9 hours long. Participants must complete the prerequisite skills test which includes swimming 300 continuous yards, 2 minutes of treading and a timed brick retrieval. Successful completion of the review extends the individuals certification for two more years. **Class Max: 10**

Y Staff: Free, Y Member: \$130, General Public: \$180

Class Dates	Course Schedule	Course Name	Course Location	Sign-up Closed
4/23/2023 Sunday	8:00am-5:00pm	American Red Cross Lifeguard Certification	Conference Room/ Training Pool	4/14/2023
5/14/2023 Sunday	8:00am-5:00pm	American Red Cross Lifeguard Certification	Multi-Purpose Room/ Training Pool	5/5/2023
5/28/2023 Sunday	8:00am-5:00pm	American Red Cross Lifeguard Certification	Multi-Purpose Room/ Training Pool	5/19/2023

A lunch break will be provided

AMERICAN RED CROSS: Adult and Pediatric First Aid/CPR/AED (Ages 14+)

The American Red Cross First Aid/CPR/AED program provides participants with the knowledge and skills they need to recognize and respond appropriately to cardiac, breathing, and first aid emergencies. Emergencies can happen anytime, anywhere, to anyone. Upon completion of this course participants will receive an American Red Cross Adult and Pediatric First Aid/CPR/AED certification that lasts for two years. Blended learning classes, have an online portion, which must be completed before the start of class. **Class Max: 12**

Y Staff: Free, Y Member: \$75, General Public: \$100

Class Dates	Course Schedule	Class Name	Course Location	Sign-up Closed
3/28/2023	5:30pm-8:00pm (Blended Learning)	Adult and Pediatric First Aid/CRP/AED	Conference Room	3/21/2023
4/11/2023	5:30pm-8:00pm (Blended Learning)	Adult and Pediatric First Aid/CRP/AED	Conference Room	4/4/2023
4/29/2023	9:00am-11:30am (Blended Learning)	Adult and Pediatric First Aid/CRP/AED	Multi-Purpose Room	4/21/2023
5/2/2023	5:30pm-8:00pm (Blended Learning)	Adult and Pediatric First Aid/CRP/AED	Multi-Purpose Room	4/25/2023